Health and Safety Orientation

Employee Name: ________________________________________________________________

Job Title: _______________________________  Date:_________________________

Supervisor Name: _____________________________________________________________

Instructions: Please review this document, the links provided, and all the safety related workspace processes no later than 5 business days after your start date. After all items have been reviewed and signed off by your supervisor, upload to your reference number via UW Connect's My Requests page.

General and Fire Safety Information:

1. Accident Prevention Plan (APP)
   a. UW Accident Prevention Plan
   b. Dept. of Chemistry Supplemental Accident Prevention Plan
   c. An Introduction to Health and Safety at the University of Washington

2. Reporting Emergencies

   In case of an emergency:

   **Seattle Campus** Campus Phone: 911 to reach a UWPD dispatcher
   Cell phones: 911 and state your location

   If you are able, have another staff person or student alert the Front office (BAG 109) or Undergraduate Stockroom (BAG 271) so departmental staff may support first responders as necessary. Campus phones are preferred if available as they will connect directly to UWPD with the exact location of the call.

3. Emergency Evacuation

   Dept. of Chemistry Fire Safety and Evacuation Plan

   Walk the employee through the appropriate emergency evacuation route for their work area. Point out the secondary emergency evacuation route to be used if the primary route is blocked. Show them where to assemble after a building evacuation. Discuss special evacuation needs and plans with employees with disabilities.
4. Local Fire Alarm Signaling System

Show the employee where the nearest fire alarm pull stations are and instruct them on their use. Let them know that activating the pull station sounds an alarm in the building to alert other occupants to evacuate. Describe what the alarm in your building sounds like (slow whoop) and whether there are strobe lights.

Inform the new employee that when they discover a fire, they should activate the nearest fire alarm pull station, and then exit the alarmed area. If possible, employees should follow up with a call to 911 from a safe location to provide more details. Employees must leave the building immediately upon hearing or seeing the alarm, closing doors behind them. The activation of a fire alarm pull station sends a signal to both the UW Police and Seattle Fire Department showing the location of the emergency.

In the event of a small, contained fire (such as inside a fume hood or waste receptacle), staff may use a fire extinguisher if they feel it's safe to do so (see section 5). All such incidents must be reported immediately to a direct supervisor and an OARS report must be filed (see section 6).

5. Portable Fire Extinguishers

Show the employee where portable fire extinguishers are located. Explain that employees may use a portable fire extinguisher only if:

- Employee has been trained to use them (required EH&S online training); and,
- The fire is small (waste basket size or smaller); and,
- The employee has a clear evacuation route; and,
- The employee is confident that they have the correct extinguisher (Class ABC, Class D, etc).

Workers' Rights and Reporting Requirements:

6. Reporting Workplace Accidents and Injuries and Unsafe Conditions

Explain that any work-related injuries or illnesses must be reported within 24 hours to both a supervisor and to Environmental Health & Safety via the Online Accident Reporting System (OARS): Explain that any work-related injury or illness that results in a hospitalization must be reported within eight hours.

An OARS report should also be submitted for near misses, hazardous conditions, and accidents or injuries involving students, UW volunteers working on or off campus, or members of the public visiting campus. Explain to the employee that they can always report health and safety concerns to their supervisor, Environmental Health & Safety, or to their health and safety committee.
After an accident or near miss, employee should record: people involved, extent of injury, root cause, prevention strategies, and any other pertinent information. They should then discuss the incident to their direct supervisor. The employee may submit an OARS anonymously or they may escalate the incident to another senior staff member if they need to.

7. Workers’ Compensation

Explain the benefit of workers’ compensation to your employee. If your employee is injured at work and needs treatment they can go to the emergency room or a health care provider of their choice and state that they were injured at work. The medical provider will assist them in filing a workers’ compensation claim. They may want to consider seeking treatment with an occupational medicine provider as they have experience dealing with L&L and paperwork involved with a claim.

Your employee can find more information regarding workers’ compensation on the UW Claim Services website.

8. Safety Bulletin Board

Point out the departmental safety bulletin board (1st floor Bagley next to men’s room and water fountain) and tell the employee what items can be found on the board, such as: Health and Safety Committee meeting minutes, safety newsletters, safety posters, accident and injury statistics, and other educational material.

The bulletin board must display the following State Fund required posters:

- Job Safety and Health Law (F416-081-909)
- Notice to Employees – If a Job Injury Occurs (F242-191-909)
- Your Rights as a Worker (F207-037-909)
- OSHA 300A Summary (during February 1 – April 1 each year)

Safety in Chemistry:

9. First Aid

Show the employee where first aid kits are located. Explain your department’s first aid plan to your employee. This plan will explain what actions employees should take if they or others are injured and how to seek first aid. For example, your department may have first aid trained employees or your department may rely on Emergency Medical Services. Calling 911 is always an available resource.

If emergency showers or eyewash stations are located in your work area, show employees where they are and instruct them on their use.
10. Hazard Communication (HazCom) and Chemical Safety

All UW employees who work with or around hazardous chemicals must receive training on the hazards of the chemicals in their work areas. All staff that work with hazardous chemicals should review “Safety in Academic Chemistry Labs Vol 1”.

Employees working with or around hazardous chemicals need to know:

- The identity, potential dangers, and location of hazardous materials in their work area;
- How to use the online UW MyChem database [MyChem, access chemical inventories, and safety data sheets (SDSs)], for chemical specific hazard information;
- What chemical specific training they will need, such as following safe use practices including engineering controls, administrative controls, wearing proper personal protective equipment (PPE), and signs or symptoms of an exposure;
- How to label secondary chemical containers;
- How to respond to and report a hazardous material accident or emergency, such as a spill, release, or exposure. This includes reporting to their supervisor and EH&S. Emergencies are reported through the 911 system as mentioned above in #2: Reporting Emergencies; and,
- About the requirements found within the UW Chemical Hazard Communication Program found on the EH&S website: Chemical Hazard Communication Program.

If your employee is working in a laboratory environment, ensure that you also go over the laboratory’s Chemical Hygiene Plan, which may have additional information or requirements.

11. Worksite Warning Signs and Labels

Explain to all employees the meaning of warning signs, tags, and labels used in their work area.

12. Personal Protective Equipment (PPE)

Inform your employee of any PPE they will need to wear as part of their job. Explain when it is necessary. Show them how to put on, take off, adjust, and wear the PPE. Explain the limitations of the PPE and how to properly care for the PPE. Explain the process of requesting replacement PPE.

**Note:** If you are unsure what PPE is needed for your employee, you must perform and document a hazard assessment. Tools are available on the EH&S website: PPE in Labs.

13. Health and Safety Committees and Safety Meetings

Inform the employee about the Health and Safety Committee that represents their work group (group 6). Inform them who their safety committee representatives are and how to contact them. If applicable, also inform the employee about any departmental health and safety committee and safety meetings.
14. Employee Safety and Health Training

Refer to the Employee Safety and Health Training Matrix to identify the required training the employee will need to take for their job: Training Selection Guide.

Additional training may be needed based on the employee’s job responsibilities. EH&S courses are general and must often be supplemented with specific training by the department or supervisor. Chemistry mandates several courses which are included here.

15. Transportation Safety

Explain that employees must follow applicable laws while in different modes of transportation such as driving, biking, or walking while working for the UW. Employees may request access to the departmental bike storage room.

Ensure that employees who are driving a UW-owned vehicle for work purposes take the Driver Safety & Awareness course. Inform your employee to follow vehicle accident reporting procedures.

I have been informed of the above information and have reviewed the documents provided

________________________________  ______________________                        _________________
Supervisor Signature                Print                                                                       Date

________________________________  ______________________                      _________________
Employee Signature                  Print                         Date